

Denise Brown did a fantastic job as the Wellness Program Manager for IBEW Local 617! During our time together she directed many beneficial programs such as flu shots, health screenings, and healthy lifestyle programs. I especially enjoyed participating in the Healthy Lifestyle Challenge. This challenge included many different facets that appealed to our wide variety of members, making getting in shape more fun and convenient. The program included food management systems, home exercise routines, workout equipment, and motivational material. I found the monthly weigh in with cash incentives especially helpful for staying on track.

In addition to managing the program, Denise would also come down to the union hall and speak at meeting level to our membership. She described the particulars and benefits of each program in a way that made enrollment and participation seem very appealing. She is always personal and professional, a complete pleasure to work with.



Sean Burke
IBEW Local 617
Executive Board